



Brazelton  
Touchpoints  
Center

# Family Connections



## What is Family Connections?

An **evidence-based and systemic mental health consultation and professional development model** that:

- Promotes mental, social, and emotional health in young children, their families and providers
- Deepens professionals' understanding of families facing depression and other adversities

## What Do Providers Learn?

- **Enhances** mental health consultation services to young children, their families, and early childhood professionals
- **Supports** further professional development regarding social-emotional development and mental health
- **Focuses** on the importance of self-reflection, perspective taking, and self-care for providers and families

## How do Providers Learn?

- Two days of interactive, learner-centered training that uses real world cases, scenarios, and interactive exercises
- Three post-training group mentoring calls
- Small class sizes that enhance learning outcomes

## Learn More!

Register for a training

[www.brazeltontouchpoints.org/programs](http://www.brazeltontouchpoints.org/programs)

Learn more about BTC

[www.brazeltontouchpoints.org](http://www.brazeltontouchpoints.org)

Questions? Contact:

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## Are you a...

- Child care provider
- Mental health practitioner
- Home visitor
- Family advocate
- Social Worker
- Anyone working with young children and their families

then **Family  
Connections  
Training *is for you!***