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| Overarching change idea or change concept(might be from large bone of fish) | Specific change idea(might be from smaller bones of fish) | Theories and predictions as to how this will help accomplish aim |
| *EXAMPLE: Mothers hesitant to be screened* | *EXAMPLE: Test doing screening at a later home visit after building relationship with caregiver* | *EXAMPLE: If we take time to build a relationship with caregiver, they will be less hesitant to do screening* |
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