

# DOMESTIC VIOLENCE AND HOUSING

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# Take Care of Yourself

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# Learning Community Norms

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Respectful, Cooperative, Collaborative, Supportive, and Patient Environment

Confidentiality is honored

Resilience is celebrated

Power and permission to take care of ourselves

Practice question sensitivity

Generosity in sharing ideas

Listening is active

# Brief grounding video

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## Defining Domestic Violence

A **pattern of coercive behavior** used by one person to **gain and maintain power and control** over another in an intimate or familial relationship.

## Domestic Violence Counts: A Snapshot of One Day in PA

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**On just ONE completely normal day in September 2022, the 59 local domestic violence programs in PA served:**

**3,030:**

1,576 adult and children survivors found refuge in emergency shelters, transitional housing, hotels, motels, or other housing

1,454 non-residential adult and child supportive services including counseling, legal advocacy, and support groups.

**There were also 840 hotline contacts on that day.**

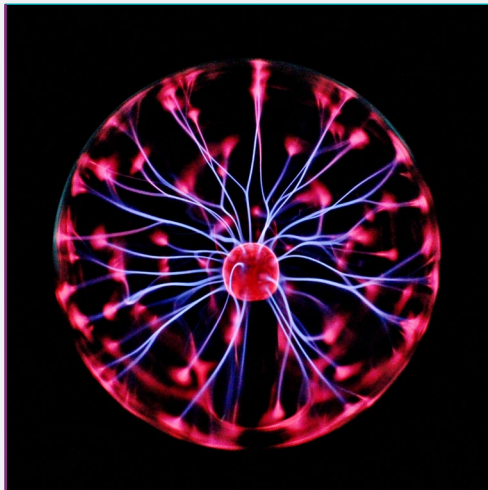


People who abuse use many different, intersecting tactics to gain power and control.

Domestic violence is deeply nuanced and every survivor's experience is unique.

# A Few Key Points

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Abusers are responsible for their choices.



Ending a relationship is not always safe or desired.



Survivors are the experts of their situation.



# Key Points

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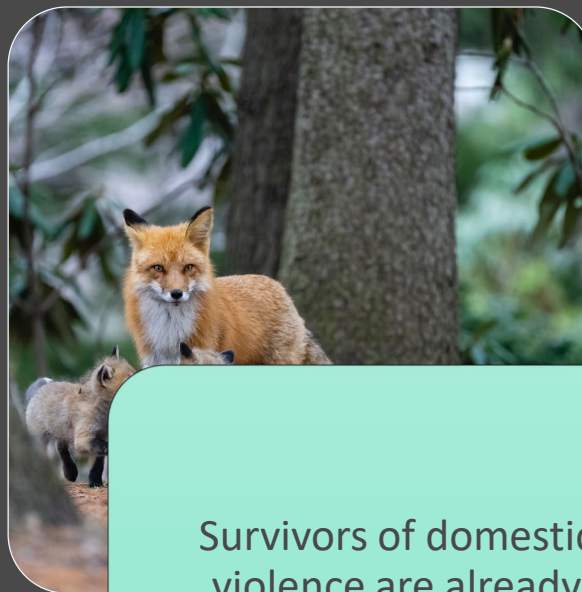
**Safety looks different to different people at different times.**

**What may have been safe in the past might be different from what is currently safe.**

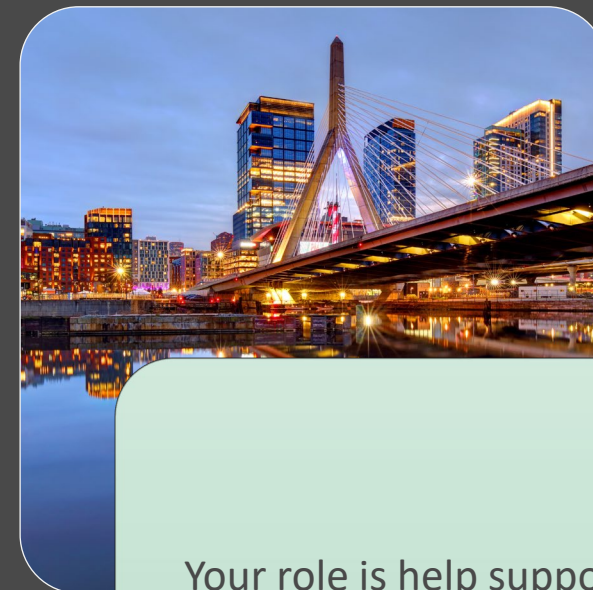
# Safety Planning



Strategies to help survivors and their children reduce the possibility of future violence. Safety planning can encompass many aspects of survivors' emotional, physical, reproductive, and financial safety.



Survivors of domestic violence are already engaging in 'safety planning'.



Your role is help support these efforts, not to dictate what you think is safe.

# Safety Planning Questions

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What would you like to see occur if [. . .]?

What do you think might happen if you [. . .]?

Tell me about what has worked before when you [. . .]?

Are you worried or nervous about [. . .]?

# Safety Planning With a Survivor Who is Considering Leaving their Abuser

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What are some things they may need to have after they leave?  
(Things for themselves and their children.)

Are there any places where they could keep things they would need quickly? Or people they could trust to hold onto those things?

How would they feel about contacting the local domestic violence hotline?

# In Your Work . . .

BE AWARE OF BIASES



RECOGNIZE THE POWER DIFFERENTIAL

TALK ABOUT THE LIMITS TO YOUR  
CONFIDENTIALITY-ALL OF THE TIME!

# Teach Me About Your Work

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In what ways do you see the issue of housing come up with the families with which you are working?

In what ways do you see the intersection of housing and domestic violence appear in the families with which you are working?

# Warm Referrals and Handoffs to DV Programs and Community Based Substance Use Programs

**Show a connection to the person or organization you are referring to**

**Feel genuine and supportive**

**Increase comfort level of clients**

**Encourage individuals to use available resources**

A horizontal wooden plank is the central focus, with the word "Questions?" written in a bold, black, sans-serif font. The plank is surrounded by a dense collection of colorful sticky notes in shades of yellow, pink, light blue, and light green. Each sticky note has a large, black question mark printed on it. The background is a light-colored wooden surface with a visible grain.

Questions?



# Contact Information

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**Lindy Keefe**

Training & TA Specialist

PCADV

[lkeefe@pcadv.org](mailto:lkeefe@pcadv.org)

**Mae Reale**

Health Education Specialist

PCADV

[mreale@pcadv.org](mailto:mreale@pcadv.org)