

anxiety, depression & now this...

PREGNANCY & POSTPARTUM

offering
hope

peer-to-peer
support

sharing
resources

DURING COVID-19

**JOIN US FOR A LIVE ZOOM SESSION
EVERY THURSDAY AT 7:00 PM**

PARTICIPATE ONLINE:

[HTTPS://US04WEB.ZOOM.US/J/425924833](https://us04web.zoom.us/j/425924833)

MEETING ID: 425 924 833

PARTICIPATE BY PHONE: + 1-929-205-6099

No RSVP Needed, just join!

Questions about this session?

Contact The Postpartum Depression Project

724.705.7993

**Provided by The Postpartum Depression Project in partnership
with Westmoreland County BH/DS**