

# How could families receiving home visiting services benefit from participating in Café conversations? How could HV programs support Parent Cafes?

It would help them learn from each other battles that they are all having and lean on each other.

Identify family leaders that are enrolled in your programs to be a part of the team

They are able to build friendships with other parents in their community

Most of my clients lack friendship in their lives. A cafe would help them to make friends. My organization has held cafes in the past, and we are looking to do it again.

It gives families the opportunity to make social connections.

A way to connect the families to other families whom may have similar concerns and give them support.

Receive support from other parents and professionals, such as advice, someone to vent on, educational material regarding parenting, etc.

Getting support from other parents when they share ideas and suggestions

Our families would have benefit of receiving support from other families like them and it would also give them a feeling of empowerment if they are a host



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being able to bond with other parents in program

Shared thoughts and experiences. culturally connected. hvp can host

Families can benefit by learning from other families. HV programs could support Parent Cafes by hosting them and getting families involved.

They could share and give support to others

Parents can learn about building their protective factors: resilience, relationships, support, knowledge, & communication.

Parents can talk to one another about things that are going on in their lives

Increase parent knowledge from one another, increase social connections

It would be great for families to interact with others. It would also be great for them to gain more knowledge about their child's development.

Cafes could reinforce and expand what HV are sharing



# How could families receiving home visiting services benefit from participating in Café conversations? How could HV programs support Parent Cafes?

They could benefit because they get to connect and learn and listen to other family members who may be going through the same thing. A lot of our families don't have supports inside their families or homes so this gives them a safe place to go to.

Parent cafes offer families peer support and community. A sense of belonging, a feeling of security and a network to rely on.

They could benefit by being supported and have a sense of community with other families.

Social connections with other parents. HV programs can support by offering monthly or quarterly events.

By talking with others

they can find a friend and have someone to talk to. They can share resources.

They get to make new friends and discuss similarities/differences/success stories.

This would be beneficial for families to connect and to see other families in similar situations. This is a way for them to support each other

Group support from peers Cafes can be an extension of the program

# How could families receiving home visiting services benefit from participating in Café conversations? How could HV programs support Parent Cafes?

Families feel comfortable with small personal groups. Information given is parent friendly.

Some parents do not get a lot of interaction with adults and this may help them do so.

Families could develop support systems in their communities that they don't currently have.

For families living in our more rural communities, Cafe conversations would really help to build their social capital.

A great chance to see how others are handling situations as parents and feel supported

Families that get involved could feel less isolated.

Provide support for families. Help mothers and fathers connect with each other and be there for each other.

Build relationships with other families.

Shared experiences, community support. Helps with feelings of isolation



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They may feel more comfortable with parent to parent

Families benefit by building strong relationships with other families because they recognize that they have a lot more in common than they might have thought..

Families would be able to relate in a different way to each other, differently than how they relate with their Home Visitor. Parents could feel that they are not alone and not the only ones dealing with their struggles.

Participants benefit from interaction with other families

HV programs could have a day and time monthly to let people come to one area to be able to gather together and talk wit one another

They could share and support each other

Parents benefit from socializing, and learning that they are not alone in their struggles/concerns.? Our HV program can support this by spreading the word and hosting, providing childcare, transportation, and food.

Learning from each other's.  
Building friendships

By talking with others about what is going on

# How could families receiving home visiting services benefit from participating in Café conversations? How could HV programs support Parent Cafes?

My program is not a home visitation program, we do family peer support. but I feel like this would be a great way for parents to connect with other who may be going through similar experiences.

Families will benefit by having some "parent time", socializing with other parent's, and knowing they aren't alone in parenting issues.

Build friendships with other parents

Parents could benefit from parent cafe because it helps them feel like they are not alone and they can support one another. HV programs could help families start a parent cafe and encourage parents to participate

Getting to know other families

It would be great way for families to talk and communicate their concern

Help parents to know they are not alone

The families could begin to feel that their needs and wants are being heard throughout the community. The HV programs could be the vehicle to get this started.

The parent cafe could connect families to a broader support network and a wide range of knowledge, skills, and community. Programs can support the Parent Cafes by helping host, telling their Program participants and encourage them to attend.



# How could families receiving home visiting services benefit from participating in Café conversations? How could HV programs support Parent Cafes?

Families could benefit from parent cafe conversatuons, because it would help them to get out of the house, meet with other parents, and discuss issues or things that they are struggling with.

It would give the parents a chance to interact with other parents that may be expeeriencing the same thing, feeling more supported. Home Visitor can share the Parent Cafes information with the families, encouraging the families to participate.

Build up there relationship with other parents

It's helps to network with other families, they get ideas from each other on the topics.

It can help them discover other things that some of the other parents are doing with their children and try to implement it in their own home.

It gives parents the opportunity to make social connections

Good support from other families

I KNOW there is a need and desire among my clients to connect with other moms in the community. I think the opportunity to build friendships would be great!

They could connect with other families/children.

# How could families receiving home visiting services benefit from participating in Café conversations? How could HV programs support Parent Cafes?

Stronger families! Help parents get connected with other families and gain tips and support.

It allows families to see that they are not alone.

establish strong positive communication

Most importantly they firm bonds btwn parents

I think families in HV programs can benefit greatly with a parent cafe by building a relationship with other parents in person!

Location would be important to accommodate transportation needs. And also facility for serving food and areas for safe childcare

help them learn from each other

Families would benefit from the support and social interaction within their own community.

I'm with EI and this would be a wonderful addition to our program. Many of our parents would love to connect outside their home with other parents experiencing similar situations.



# How could families receiving home visiting services benefit from participating in Café conversations? How could HV programs support Parent Cafes?

It helps families make social connections in their communities.

Learn from each other

It helps to feel so they can see how much they have really been through

Help families connect with other families and realize they are not alone - which may help increase participation of families Providing incentives - providing babysitting, snack/meal Help families connect with other families and realize they are not alone - which may help increase participation of families Providing incentives - providing babysitting, snack/meal

As we are pursuing promoting families feeling healthier and stronger and more able, social connection through (and in!) the community is a major component of self-efficacy. The cafes create an environment of supportive folks looking the same!

Our home visitation program Can facilitate the meetings and provide the support that the parents need

Learn from each other

It allows PAT families to socialize, interact, learn from others just like them.

Build support from other families

# How could families receiving home visiting services benefit from participating in Café conversations? How could HV programs support Parent Cafes?

Families will learn about their own strengths

Invite the whole family

To see that they are not alone.

This would help parents understand the supports they currently have, as well as help to increase the supports they could have. Also help parents know they are not alone! This would help parents understand the supports they currently have, as well as help to increase the supports they could have. Also help parents know they are not alone!

To connect to each other, get to know other families

They can become more relaxed, confident parents. They could share concerns and discover solutions to their own issues.

It would help them learn from each other's battles that they are having and help each other. They can build friendships.

Being able to get support and create bonds

Create friendships



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Just to know that they are not alone in their struggles.

We can tailor conversations to resources and information we see that our families need. Our HV program could advertise, invite, and facilitate.

Support from other parents as well as other providers. Feeling a sense of community.

Support, A place to feel welcome

Parents participating in cafe conversations would benefit by having a support system and finding others to talk to and relate to. HV programs can support this by offering information about the cafes to families and encouraging them to join.

It will allow them to feel welcomed, loved, help them learn how to be good parents and provide social connections.

Sharing how they have found resources

Invite

They could benefit from supportive relationships and a sense of community. HV programs could support parent cafes by considering being involved



# How could families receiving home visiting services benefit from participating in Café conversations? How could HV programs support Parent Cafes?

Connecting with other families, build self-efficacy and resilience. HV programs can identify parent leaders and set-up structure for Parent Cafes.

Provide an opportunity for home visitors to not only share and bond more, but provide the visitor a chance to determine their role in supporting the parent further.

Build Community

Parent Cafes provide the parents a balance between what the professionals say vs. what their fellow parents are saying and doing which could help them be more forgiving of themselves. HV programs can provide info, referrals & encourage participati

Parents support each other

Opportunity to socialize and support each other.

Seek advice from other parents going through the same things

Build trust factors and lesson social isolation.

Ease worries and help people not feel "crazy" for their concerns. Make people feel connected in their anxieties



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Its a great tool to have community support for the families

Build support with other parents. Home visiting program can make referrals to support families

making long lasting bonds

Receive support from other parents and friends

Families could benefit by learning from each other and social connections and integrate their opinions and thoughts

A support system. Encourage participation to strengthen families

I wish our county had something like this for families.

it Would help families make social connections and see that others are experiencing similar challenges

HV programs can access their funding to set up the logistics



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Connect with adults

Comfort from other parents.

Meeting people who may have a common bond with them.

Families could benefit from this having opportunity to build friendship, and relieve stress and getting information they weren't aware of.

Gives them something to look forward to. Break away from the daily mundane quarantine life

Because they are dealing with children with developmental delays, it could build parental resilience. Because having a child with delays could be socially isolating, it would also build social connections. Home V programs can help publicize! Because they are dealing with children with developmental delays, it could build parental resilience. Because having a child with delays could be socially isolating, it would also build social connections. Home V programs can help publicize!

We could all implement the Parent Cafe' to help our community and surrounding communities.

Parents that attend parents cafe will learn how to cope or parental resilience skills as gain knowledge from other parents.

Teaches them how to connect t



# How could families receiving home visiting services benefit from participating in Café conversations? How could HV programs support Parent Cafes?

Resources

By invitation,

They help benefit the families.

Help families connect

Build connections in a safe space!

Gives them the opportunity to connect with someone just like them

Empowering tool they can go further and make strides in life

They can learn from each other and build a friend ship

Parent Cafe's allow parents to have face to face conversations about topics many parents deal with. They share ideas and suggestions.



How could families receiving home visiting services benefit from participating in Café conversations? How could HV programs support Parent Cafes?

We can encourage parents to become involved and make connections with other parents.

Continue to have parent cafes and partner with other agencies in our community.





I will work to promote the protective factors within my own family by....I will use my influence to promote others understanding of the protective fa

Strength based

Offer meeting in person or online to all of my families

I would like to try and get a parent cafe set up. I think many of our parents would benefit.

I will share what i leanred with my organization and families.

I teach all of my families about the protective factors. I am a home visitor for PAT

Have new outreach staff train in Parent Cafe structure.

I will support using parent cafes

Keep communicating with others

Strep h based

I will work to promote the protective factors within my own family by....I will use my influence to promote others understanding of the protective fa

I would like to start parent cafés in our community

I would love to implement a parent cafe in the school where I work!!!!

I will find out if there are already Parent Cafes and try to connect my Program participants to them.

Strength based

By supporting families

Listening and taking time

Strength based

I am going to support staff in facilitating meetings that make protective factors a priority.

Continuing to support and expand the attendees in Parent Cafe





# I will work to promote the protective factors within my own family by....I will use my influence to promote others understanding of the protective fa

Share this information with my coworkers and supervisors I think this is a wonderful way to reach out

Knowledge of adolescent development to prepare myself and to help my son through this stage of life.

Strength based

Helping others to show families to take ownership through Group Connections such as Parent Cafes

Building relationships using a strength-based approach!

I will share with my home visiting families what the protective factors are and discuss with them what they would like the most help with.

I would love to see our program get parent cafe.

Supporting Parent Cafes

Teach families about the protective factors

# I will work to promote the protective factors within my own family by....I will use my influence to promote others understanding of the protective fa

I will stress to parents the importance of finding a support group, attending that support group regularly, and becoming a support for others in the community.

Share with parents and community

Communication with other parents

Shared what I've learned by supporting parent cafe.

Talk about strengths especially resilience. Starting with even though you were tired I recognize etc. but this is probably

strength based

Lead by example 100

I will try to encourage the importance of strong social connections through parent cafes...and ultimately how this could improve parenting skills.

I believe this will take a community effort in my area, and I am involved in many community groups that would be interested in this. I plan to share this info in those groups.



I will work to promote the protective factors within my own family by....I will use my influence to promote others understanding of the protective fa

This is a great tool to share and my role is keep encouraging families .

Strength based

Sharing what I learn and been a supporter w each one

I review the protective factors often

Develop cafes within our community

strength based

We have a curriculum that we follow called Growing Great Families. I like the protective shield activity which gives families a visual of the protective factors.

Will share at team meetings with hime visitors and encourage them to be aware and interact in the community

this webinar is so helpful

# I will work to promote the protective factors within my own family by....I will use my influence to promote others understanding of the protective fa

Speak with my administrator about the possibility of working with other county agencies to work together to implement a cafe in our community.

I will share this information with my agency

I will work to promote the protector factors by using them to help support the families

Share this presentation with our director to determine if we could implement

...being intentional in discussing protective factors and seeking to understand what families need most support in and offering that support.

I will try to make the protective factors front and center of peoples family life

I will participate in Parent Café

Encouraging the strengths of families.

Maintain communication with each other and share what I learn.



# I will work to promote the protective factors within my own family by....I will use my influence to promote others understanding of the protective fa

In our family we promote resilience by having family meetings so everyone has a chance to say what's on their mind and things don't fester

Finding locations in our rural community to promote Parent's cafe

I will promote the cafes by sharing the info with families on visit

Help my grown kids to see the ways they are being resilient and how that helps their kids

Asking my children about their social connections, knowledge of Parenting, etc, and just listen to them and only give advice if asked.

I will use my influence to help families be engaged in this program, and let them know how this benefits them.

I will support Parent Cafes by encouraging families to participate by educating the families and receiving more training to help me better understand the Parent Cafes.

Offering meeting in person or on line

I tell my organization and other families in my program about the cafe and things I learned while I was attending the cafe meetings

I will work to promote the protective factors within my own family by....I will use my influence to promote others understanding of the protective fa

Taking time to find the strengths in each family . Using that dyad 1:1

Planning to attend a parent cafe and invite someone else to attend with me.

As a home visitor I build families up by using positives to increase parenting skills

model meditation and other calming strategies to support my twins who have ADHD build their soc emotional competence I will discuss at an admin mtg.model meditation and other calming strategies to support my twins who have ADHD build their soc emotional competence I will discuss at an admin mtg.

Love Parent Cafe. Would love to bring this. Is there funding available?

Welcome Parents to get involved and keep them interested enough to stay n participate

We have a parent cafe in our center. Sto-Rox Family Center. The staff and family that run it is fantastic

Share info with other stakeholders to determine possibly if initiating in our area.

I would encourage each family by the little train who said I think I can and through encouragment be able to say I know I can



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During visits promoting the protective factors is a must to elevate the families

