**Tips for Families on Tele-intervention**

Dear Families,

Many of you may be preparing for Tele-intervention services for the first time. The following information will help you to know what to expect and how you can prepare. In this tip sheet, we will refer to any home visitors and family support providers as a Home Visitor.

**Service Delivery for Tele-intervention:**

* Services will focus on areas of need expressed by the Family utilizing the model’s curriculum.
* Children learn best with familiar people including siblings who may not typically be present for sessions but can now be part of the team if the model allows.
* Activities like getting dressed, playing outdoors and feeding pets are perfect for working on strategies and goals. They happen frequently and provide lots of opportunity for practice.



**Your Home Visitor will:**

* Teach you strategies to use within daily routines and activities to help you and your child/children to make progress towards expressed outcomes and goals.
* Help you to choose routines that are fun, repetitive, and support participation.
* Problem Solve with you to make adjustments or expansions.
* Support you to make a plan to practice between sessions including what, when, where, and who will participate as well as how you will know it is working.

**We invite you to:**

* Talk with your Home Visitor about your priorities for your session. We understand they may have changed due to the current situation.
* Work with your Home Visitor to schedule sessions that can support you during your family’s daily routines and activities. You know your family routine and your child/children best and can identify what activities and routines should be used to teach new skills.
* Be willing to share information about what typically happens during routines and to try new strategies provided by the Home Visitor.
* Give feedback to you Home Visitor about what did and didn’t work so you can problem solve together.



**Questions:** If you have questions about your Home Visiting and Family Supports Services please reach out to your assigned Home Visitor or to **|Agency Name | Email | Phone Numbers**

Adapted from Family Guided Routines Based Intervention (FGRBI) and Caregiver Coaching

<http://fgrbi.com>

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